

President's Message

Looking for a volunteer or two to help with the weekly newsletter. There is a template in place that needs to have items inserted each week. There is a short learning curve but I've been told its easy to conquer. Let me know if you can help out. I also mentioned the other day that we have two openings on the board. If you would like to be considered and have your name added to the special election please let me know as soon as possible. At this time your only requirement is to attend the monthly board meeting held the 3rd Thursday of each month. The meeting is at the IHOP on 2nd St., it begins at 7:15 AM and ends very close to 8:30 AM. Once you have seen how the club works we would hope you consider becoming an officer.



DG Marge Cole has requested that each club have a Peace Chair, and our club doesn't have one yet. The Peace Chair would occasionally attend a meeting of the Steering Committee, and help the club set up programs for World Understanding Month, which RI has designated as February. They are planning a kickoff and orientation meeting for Sat., Nov 14th, 10am to noon, at the Ronald McDonald Center in Kearny Mesa. We'd love to have someone there from our club.

Mark your calendars for these upcoming events. Join some of your fellow Rotarians at the Boys and Girls club 2009 Auction Stampede to be held Friday, Oct 30th at The Barona Convention Center. More information can be found out at BGCEC.ORG. Then dust of those cowboy boots and come out to the annual Foundation Gala, Sat Nov 7th, at the Escondido Center for the Arts. Tickets are only \$70 and \$25 comes back to our club for this years PolioPlus Campaign, we are almost halfway to our goal. You can register on the District web-site.

On Tuesday, Nov 3rd, we will meet across the parking lot at the fire station for lunch and our 2nd annual Fireman recognition program. Thanks to Cliff Diamond, Steve Hamann and Fire Chief Mike Scott for coming up with this change of venue and putting together this years program. On Tuesday, Nov 10th, Congressman Duncan Hunter will address your club. Here is great opportunity to showcase the Rotary Club of El Cajon to

potential members. Thanks to Wes Schermann for arranging this.

Max D. Wright, President 2009-10

Last Meeting - October 20, 2009

Visiting Rotarians/Guests: Leah Boucek, Family Law Attorney, was introduced as a friend of Larry McKim. and potential new member. Welcome Leah!

Lynne Bensted, math/science teacher at Emerald Middle School, and her previous principal, **Kathy Skube**, were introduced by Superintendent, **Janice Cook**. Lynne was lauded as **Teacher of the Month** for her outstanding teaching skills, her accomplishments in curriculum writing, and the generous support she provides her fellow teachers. She treats each student "as though s/he were her own child".

Announcements: Members were saddened to hear that our Club was losing **Treasurer, Jeremy Martinson**, due to increased business travel, and **Newsletter Editor, Margie Balanay** due to changes at Torrey Pines Bank. Both were Board members and both have made significant contributions to our Club! Our gratitude and best wishes go with them.

President Max shared that the Board had elected **Dr. Janice Cook** as our new treasurer. He made a request to the general membership that one or more people are *needed* to serve as newsletter editor (s). Please see Max or Alison.

Vince Bacino made a generous contribution in honor of his 42 years in Rotary. Wow, he doesn't look that old!

Romona Bommer celebrated her 10th Rotary anniversary with a generous donation to the Club and an unabashed plug for "The Power of Pink", an event by Diamond Creations by Romona to raise money for the Susan G. Komen Foundation.

Editor of the week

Alison Cummings

Meetings: Every Tuesday at Noon, Ronald Reagan Community Center - 195 E. Douglas Ave - El Cajon CA 92020

President: Max Wright - President-Elect: Ramona Bommer - Vice-President: Stuart Scott - Secretary: Janice Cook Treasurer: Jeremy Martinson - Executive Secretary: Mary Bliss
 Rotary Club of El Cajon - PO Box 643, El Cajon, CA 92022 - **Phone:** 619-465-9492 - **Email:** info@EICajonRotary.org

Member **Forrest Higgins, CEO of the Boys and Girls Clubs of East County**, gave a whopping plug for their October 30th Auction Stampede, 6:30 p.m., at the Big Top Convention Center at Barona. This is a fun event, always well-attended by Rotarians. (And you can wear your same duds for the Rotary Annual Foundation Gala, "Denim and Diamonds", the following Saturday!)

Looooong-time member, **Gene Vacher**, turned 100 years old today! All members were asked to sign the photo presentation which is being presented to him from our Club at his big Birthday Celebration tonight at the Recital Hall in Balboa Park. Again, many Rotarians to attend!

Jim Brozo, October's program chair, proudly introduced **Dr. Lynn Northrop**, who gave an excellent presentation on depression, a more common than expected problem for people of all ages. Dr. Northrop runs the Senior Intensive Outpatient Program at Grossmont Hospital.

District 5340 is seeking a member (s) from each club to train as **Foundation Mentors**. If you would like to learn more about this important topic, please see Max.

Today's Meeting - October 27, 2009

Topic: Foundation UP! It will be all about ? ? ? ? But you *know* it will be good, because the speaker will be our illustrious member, **Jim Brozo!**

Upcoming Club Events

Christmas Party - TBA

December 22 and 29 - Dark for Holidays

January 17, Sun. Host with La Mesa Club, Rotary International Assembly for Governors-Elect from around the world, at La Mesa Women's Club.

Upcoming Meetings

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| Nov. 3, 2009 | Fire Fighter Appreciation Day Meeting at the Fire Station |
| Nov. 3, 2009 | Club Foundation Meeting
2:00 at Allen Brown's office |
| Nov. 10, 2009 | Legislative Update
Congressman Duncan Hunter |

- | | |
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| Nov. 17, 2009 | Club Board Meeting
IHOP Oakdale at Second St.
7:15 - 8:30 a.m. |
| Nov. 17, 2009 | District Governor's Visit
Marge Cole |
| Nov. 24, 2009 | Legislative Update
Rep. Joel Anderson, Dist. 77 |

Upcoming District Events

November 7, 2009 Foundation Gala

Escondido Center for the Arts

Denim & Diamonds Stomping Out Polio

Howdy partners, we are going to have a hot time at the Foundation Gala on Saturday, November 7 at the Escondido Center for the Arts. This year's Gala will have a Country/Western Theme - so you can dress it up or dress it down... but come to have fun! Tickets will be \$70, which includes a \$25 donation to PolioPlus - this will help your Club reach its PolioPlus goal for the Gates Challenge Grant this year. Let's kick up our heels and have some down home fun!!

[More information...](#)

QuickBits

GSE to Ecuador Blog

Submitted by Dale Barnes (dale@dalebarnesrn.com) on 10/18/09

Marta Knight is leading a GSE team of educators to Ecuador on November 7, 2009. They will be visiting District 4400 for one month. You can follow their blog by going to <http://ecuadorgse09.blogspot.com/>. We will also be posting the latest entries on the district website.

>>> More information: ecuadorgse09.blogspot.com/

Joke of the Week

These four guys were walking down the street, a Saudi, a Russian, a North Korean, and a New Yorker.

A reporter comes running up and says, "Excuse me, what is your opinion about the meat shortage?"

The Saudi says, "Excuse me, what's a shortage?"

The Russian says, "Excuse me, what's meat?"

The North Korean says, "Excuse me, what's an opinion?"

The New Yorker, says, "Excuse me? What's excuse me?"

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