



Corotator

Rotary Club of Coronado

VOL. 80, NO.32	February 18, 2009	SCRIBE: Ax de Plume
NEXT WEEK: February 25, 2009		
PROGRAM: Lamb's Players Touring Company		
SPEAKER : Kerry Meads		
LOCATION: Carousel Room		

CLUB PROGRAM CALENDAR

25 February	TBA	Walt Only Knows!
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CLUB EVENT CALENDAR

10 March	Board Meeting	Al Ovrom
14 March	Beach Clean-up	Bob Rutherford
27 March	Rotary Golf Tournament	Bob Plumb
3 April	Rotary Night at the Opera	Ross White
11 April	Beach Clean-up	Bob Rutherford
19 April	Pancake Breakfast	John Garrett
25 April	Rotarians at Work	Steve Haley
28 June	Low Tide Ride and Stride	Gary Kennedy

NOTES FROM THE SCRIBE:

Trojan (Past President) **Dan Orr** was last seen inflating pigskins for the coming spring football practice for the Men of Troy and had the day off. **Ax de Plume** returns from literary exile to handle the scribe duties.

We had a total of 10 Guests of Rotarians and **Lionel Rowe** charmingly mangled the names of each of our four visiting Rotarians. With only 50 possible state abbreviations, it's hard to believe that the visiting member cards are that hard to read, but who knows?

Parker Finch employed a purposeful stride to cover the ground from the back of the room to the lectern to: a. Recite a favorite selection from Shakespeare; b. Lead the Invocation, and c. Start the Pledge of Allegiance.

Singing has apparently rejoined the program since my last time in attendance and the "Battle Hymn of the Republic" was the musical selection this week.

ROTARY NOTES OF INTEREST AND ANNOUNCEMENTS:

- **Ginger Cox** announced that former Rotary Club of Coronado member **Matt Dalton** had passed away. Memorial cards were circulated for the membership to sign.
- **Bob Plumb**, clearly over-estimating the cumulative technological knowledge in the room, announced that all information and the registration sheets for the coming Rotary Club Golf Tournament can be found on the Rotary Club of Coronado website. Talk about hiding something in plain daylight. The tourney is set for March 27, 2009, and sponsorship opportunities are available. Military golfers can also be sponsored, holes sponsored, etc. Or call Bob directly. He'd love to hear from you.
- **John Garrett** reminded the assembled that the annual Rotary Pancake Breakfast is looming on the horizon, Sunday, April 19 to be exact. Club assignments for the event are out. Contact John with questions and let the club-wide scramble to give the pancake breakfast tickets away begin.
- **President Al Ovrom** announced that the club had received thank you notes from the Pan American Institute and the Coronado Schools Foundation for Rotary Club donations made to those organizations.
- The Prez presented a representative of the Veterans Housing Initiative with a check for \$500. Thanks to that group for helping care for our wounded warriors.
- **Sandy Boyce** announced that March 17 at 2:10 pm will be the annual Rotary Coronado High School Job Fair. Contact Sandy if you have questions.
- **Gerry Easton** inducted two new members, who are **Susie Owen** and **Joe Harris**. Congrats and welcome to the club.

News from Past Meetings

- Good news! It's still the best deal in town! Bad news! Ticket books for lunch are now \$200 for ten. Individual tickets are now \$22 each. Coffee tickets stay the same at \$50 for ten.
- **Steve Haley** announced that April 25 will be Rotarians at Work Day.
- **Ken Mischel's** wife Amy passed away last week and a celebration of her life will be held February 24 at 2:00 p.m. at the Coronado Cays Yacht Club.

The Family of Rotary

Please contact **Mary Sternad** at 522-9452 or psternad@aol.com for updates and information.

FINES & RECOGNITIONS

1. **Lew Barnum** confessed, sort of, that he, **Jerry Winter** and their significant others traveled to Alexandria, Egypt and had a great time. Lew managed to return stateside with a Rotary pennant from Alexandria, which was disposed of properly by **Paul Plumb**. Barnum and Winter were fined \$50 either for the trip or the flag, it was unclear which.
2. **Dave Johnson** confessed to having roundtrip tickets to Oakland, CA. A club-wide collection for Dave was contemplated, but didn't materialize.
3. **Anna Kirschner** had her birthday celebrated by the Hotel Del banquet staff, which provided cake and champagne. Party hearty, fiesta forever.

PROGRAM

The program was introduced by **Walt Heineke** and the speaker was Brenda Hamilton, a healthcare educator, who spoke specifically about strokes, stroke prevention and overall health.

Risk factors for strokes include: smoking, diet, being overweight, lack of exercise, family genetics and being over the age of 45. Signs of a stroke include: sudden headache, slurred speech, blurry vision, numbness, dizziness and lack of coordination. If you think someone is exhibiting signs of a stroke, call 911 immediately. Treatment within an hour of the stroke is important to survival. Hamilton's company offers individual screenings for a variety of tests. For an appointment call 1-800-690-6438.

RAFFLE: You know them, you love them, and you can't live without them -- buy raffle tickets weekly.

***The difference between "ordinary" and "extraordinary" is just a little "extra."
Now go out and be EXTRAORDINARY!***

