



# Corotator

Rotary Club of Coronado

<b>VOL. 80, NO.29</b>	<b>January 28, 2009</b>	<b>SCRIBE: Jim Tom Pinch</b>
<b>NEXT WEEK:</b> February 4, 2009		
<b>PROGRAM:</b> Post Traumatic Stress Disorder		
<b>SPEAKER :</b> Cdr. Dr. Heidi Kraft		
<b>LOCATION:</b> Carousel Room		

## CLUB PROGRAM CALENDAR

11 February	Market Strategy and the Recession	Mark McNary
18 February	Healthy Heart	Brenda Hamiltom
25 February	Lambs Players Touring Company	Kerry Meads

## CLUB EVENT CALENDAR

10 February	Board Meeting	President Al
14 February	Beach Clean up	Bob Rutherford
10 March	Board Meeting	President Al

14 March	Beach Clean up	Bob Rutherford
27 March	Rotary Golf Tournament	Bob Plumb
3 April	Rotary Night at Opera	Ross White
19 April	Pancake Breakfast	John Garrett
25 April	Rotarians At Work	Steve Haley
28 June	Low Tide Ride & Stride	Gary Kennedy

#### NOTES FROM THE SCRIBE:

**President Al** asked **Tom Mitchell** to give the invocation and lead the Pledge and it went downhill from there. **Lionel** (If I fail to offend anyone, I'm sorry) **Rowe** tried to introduce our visiting Rotarians and even botched up the name of his friend! Van Cliburn and Kate Smith weren't available, so **Ralph Mitchell** and **Ross White** attempted to lead the singing of "God Bless America." It was great to see Ralph here and Ross better not give up his day job.

#### ROTARY NOTES OF INTEREST AND ANNOUNCEMENTS:

- Good news! It's still the best deal in town! Bad news! Ticket books for lunch are now \$200 for ten. Individual tickets are now \$22 each. Coffee tickets stay the same at \$50 for ten.
- Time to sign up for the ever-popular Rotary Night at the Opera. **Ross White** is the wagonmaster, as usual. And, he needs to hear from you THIS week!
- **President Al** presented our \$500 donation to Coronado Youth Football and Cheer.
- If you'd like to be a facilitator at RYLA this year please contact **Mark Andrews** ASAP.
- It's too late to host a visiting District Governor, but **Ken MacLeod** reported it was great fun even if his guest was Hugo Chavez.
- Courtesy announcement from **Chip Garry**: We're all invited to another *Stem Cell* event at UCSD presented by Dr. Larry Goldstein on February 5 th from 6:30-8:30pm. This one deals with stem cells and the treatment of diabetes. RSVP to Ashley Fitting (daughter of **John Garrett**) at [afitting@ucsd.edu](mailto:afitting@ucsd.edu) or 858-822-3455.
- Many Rotarians have noticed that the Rotary Clock and Rotary Fountain are missing from Rotary Park. If we had to rely on our city council or the Eagle to actually let us know what's going on we'd be eternally in the dark, but our Rotary Things have been put in safe storage in anticipation of work on the new Rotary Plaza.
- **Alan Palmore** has donated two tickets to the Buick Open and there will be a raffle/auction next week.
- Road trip! Who wants to go to Port Elizabeth, South Africa, and volunteer at Sister Ethel's orphanage? **Dan Gensler** is putting together a trip in the April timeframe.
- Past-president **Gerry Easton** inducted our newest member, **Brad Lewis**. Brad's sponsor is **Bud Forrest**, and just what we need, another Cornhusker!

- **President Al** was down to reading lame jokes from past-president **Greg Walker**. It almost made us wish he would fine someone.

- **ROTARY OPPORTUNITY FOR 2009-10**

The District will field two GSE Teams – a team of educators to Ecuador in the Winter/Spring of 2009-10 and a healthcare team to East Africa in April/May 2010. For Rotarians who have wished to lead a GSE team there are now two opportunities. Information about the GSE program is at the link below. APPLICATIONS MUST BE RECEIVED IN THE DISTRICT 5340 OFFICE NO LATER THAN NOVEMBER 28th 2008 TO BE ELIGIBLE. Interviews will be held on 12/6/08. Questions? Contact the District Office by phone or the GSE Chair Larry Sundram by email. The dates shown are approximate and will be finalized on 1/31/09. For more information please go to: [www.rotary5340.org/foundation/gse.html](http://www.rotary5340.org/foundation/gse.html)

## **THE FAMILY OF ROTARY**

Please contact **Mary Sternad** at 522-9452 or [psternad@aol.com](mailto:psternad@aol.com) for updates and information.

Please keep **Ken Mischel** and his family in your thoughts and prayers as Ken's wife Amy is at hospice.

## **FINES & RECOGNITIONS**

1. No fines or recognitions today just lame **Greg Walker** jokes.

## **PROGRAM**

Where in the world are **Bill and Tammy Sandke**? If you said " Puerto Rico" you might have been spending too much time with the "Shadow Cabinet." Actually, today we heard about the Sandke Family Adventure in Costa Rica. We know that "family vacation" is an oxymoron, but we're not sure about any trip that starts out with a page of "goals." Bill and Tammy wanted to take a year off, but couldn't figure out how to ditch the kids so they had to find a place that would be fun and educational for the Sandke children. Why Costa Rica? Well, there's easy access, a safe environment, they speak Spanish, it's in the same time zone, and that's where all the internet gambling operations are located. Last January they packed up and moved to Costa Rica, intending to stay for six months, and they made it! They actually rented a house and lived in country with their children attending school (there's a story on the house, but if Bill tells you he has to kill you). They learned Spanish, took adventurous trips, met lots of great locals and Euros, and actually participated in a little Rotary community service while they were there. So, what did we learn from all this? If **Bill Sandke** can do it, anyone can!

**RAFFLE:** You know them, you love them, and you can't live without them -- buy raffle tickets weekly.

***The difference between "ordinary" and "extraordinary" is just a little "extra."  
Now go out and be EXTRAORDINARY!***





